FIVE GUYS®

Five Guys Enterprises makes every attempt to identify ingredients which may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is a possibility that manufacturers of foods we use could change the formulation at any time, without notice. There is also a risk of cross contamination due to the nature of our ingredients. Customers concerned with food allergies need to be aware of this risk. Five Guys Enterprises and their franchisees will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any Five Guys restaurant.

Nutritional information provided on this site is based on representative values provided by suppliers, published resources, analysis using industry standard software and testing conducted in accredited laboratories. Information is expressed in values based on federal rounding and other applicable regulations. Five Guys cannot guarantee the nutritional information provided on this site is fully accurate as it relates to the prepared menu items in all of our restaurants. Our menu items are made to order by hand. This may cause slight variations in serving sizes which may affect the nutrition values for each product.

variations in serving sizes which may affec Recommended limits for a 2,000 calorie da	aily diet are 2		ms of saturated fat and 2,300 milligrams of sodium.																		
	/	1		* /	/	/ @	/	_ /	/	/	/	/	ALLI	LNUENS /	3						
	/ .	Calories	/ .	Total Fat	6 / 2	Trans Fat (g)	Choleston.		(6 ₁₁	/	/ _	_ / _	Sus			Gluten / Wh.c.	leaf.				
	/ija	Calories		Total Fat (i / i de la	Trans Fat	leste.	Sodium (-	Carbs (n)	Fiber (n)	Sugars (E)	Protein (g)	Grustaceans Shellfish	. / .	/_	len/w		Peanuts	Sesame	Soybeans	Tree Nuts
	Ser	Cal	Calı	Į	Sati	\ \vec{v}{e}	Cho	Sod	Car	Fib	Sug	\ \varepsilon_{\varepsilon} \varepsilon_{\va	She	Eggs	Fish	Gla	Milk	Pea	Ses	/ ôs	je
MEAT																					
Bacon (2 pieces) (Supplier S)	14	70	50	6	2	0	15	210	0	0	0	5									
Bacon (2 pieces) (Supplier D)	14	73	48	5	2	0	11	213	0	0	0	6									
Hamburger Patty	65	302	160	17	8	1	60	50	0	0	0	16									
Hot Dog (Supplier H)	90	280	235	26	12	1	56	800	1	0	0	11								•	
Hot Dog (Supplier K)	90	260	220	24	9	1	60	750	460	0	0	11								•	
BUN																					
Bun	77	240	80	9	3.5	0	5	330	39	2	8	7		•		•	•		•	•	
FRIES - COOKED IN 100%	PEANU1	T OIL																			
Little Five Guys Style	227	526	204	23	4	0	0	531	72	8	2	8									
Regular Five Guys Style	411	953	370	41	7	0	0	962	131	15	4	15									
Large Five Guys Style	567	1314	511	57	10	0	0	1327	181	21	6	20									
Little Cajun Style	232	540	204	28	4	0	0	862	75	8	2	8									
Regular Cajun Style	416	967	370	41	7	0	0	1293	134	15	4	15									
Large Cajun Style	572	1328	511	57	10	0	0	1658	184	21	6	20									
TOPPINGS																					
A.1.® Sauce	17	15	0	0	0	0	0	280	3	0	2	0									
BBQ Sauce	28	49	0	0	0	0	0	400	15	<1	10	<1									
Cheese (1 slice) (Supplier K)	19	70	50	6	3.5	0	20	300	<1	0	<1	4									
Cheese (1 slice) (Supplier S)	19	70	50	6	3.5	0	20	330	1	0	<1	3					•			•	
Green Peppers	25	3	0	0	0	0	0	1	1	<1	<1	0									
Grilled Mushrooms	21	6	0	0	0	0	0	50	1	0	1	0									
lot Sauce	5	0	0	0	0	0	0	200	0	0	0	0									
Jalapeño Peppers	11	3	0	0	0	0	0	0	<1	0	0	0									
Ketchup	17	30	0	0	0	0	0	160	5	0	4	0									
Lettuce	30	3	0	0	0	0	0	3	1	<1	<1	0									
Mayonnaise (Supplier K)	14	111	100	11	1.5	0	10	70	0	0	0	0									
Mayonnaise (Supplier S)	14	103	101	11	2	0	7	69	0	0	0	0									
Mustard	5	0	0	0	0	0	0	55	0	0	0	0									
Onions / Grilled Onions	26	11	0	0	0	0	0	1	2	<1	1	0									
Pickles (Supplier M)	28	0	0	0	0	0	0	260	0	0	0	0									
Pickles (Supplier B)	28	0	0	0	0	0	0	240	0	0	0	0									
Relish	15	16	0	0	0	0	0	85	4	0	3	0									
Tomatoes	52	8	0	0	0	0	0	3	2	<1	1	<1									
MILKSHAKES																					
		1			1							ı						1		l	
Vanilla Shake Base	396	670	290	32	21	1	130	360	84	0	82	13					•				
Whipped Cream (Supplier S)	7	20	15	1.5	1	0	5	0	1	0	1	0					•				
Whipped Cream (Supplier A)	6	20	15	1.5	1	0	5	0	1	0	1	0					•				
MIX-INS (All nutritional values	shown fo	r the mix	ins are	calculate	d from th	ne manufa	acturer s _i	pecificati	ons. Nut	ritional v	alues for	the shakes	s that have	2 or m	ore mix	x-ins pe	er shake	e will va	ary.)		
Bacon (2 pieces)	14	70	50	6	2	0	15	210	0	0	0	5									
Banana	80	160	0	<1	0	0	0	5	51	1	44	1									
Holiday Shake	48	185	0	0	0	0	0	2	48	0	33	0									
Chocolate	50	133	7	2	2	0	0	30	30	2	22	2					•			•	
Dreo® Crème	50	320	224	25	7	0	0	48	23	0	23	0								•	
Oreo® Cookie Pieces	25	120	46	5	1	0	0	86	18	<1	10	1				•				•	
Peanut Butter	50	322	250	29	5	0	0	218	9	3	4	9						•			
Reese's® Peanut Butter Cup	28	150	80	8	3	0	2	98	15	1	14	3				•	•	•		•	•
Salted Caramel	50	155	3	<1	<1	0	2	290	37	0	28	<1					•			•	
Strawberry	60	90	0	0	0	0	0	2	17	1	23	<1									
-	1	1	1	I	!	1	1	ı	I	1	1	I									
OTHER ITEMS																					
Bulk Peanuts (1oz.)	30	170	132	14	2	0	0	180	5	3	1	7						•			
ry Sauce Bulk	28	80	58	6	2	0	8	294	6	0	4	0		•			•				
Fry Sauce PC	35	100	80	9	2	0	15	240	5	0	3	0		•			•				

Malt Vinegar (1tbs)	15	0	0	0	0	0	0	2	0	0	0	0				•]
Eggs (2)	100	143	86	10	3	0	372	142	1	0	0	13		•							
INGREDIENT LISTIN	G				·									·		•		·	·	·	
MEAT	<u> </u>																				
Bacon (Supplier S)	Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, Naturally Smoked.																				
Bacon (Supplier D)	Cured With: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrite, Naturally Smoked.															1					
Hamburger Patty	100% Beef]					
Hot Dog (Supplier H)	Beef, Water, Contains 2% or less of: Salt, Spice, Sodium Lactate, Paprika, Hydrolyzed Soy Protein, Garlic Powder, Sodium Diacetate, Sodium Erythorbate, Flavoring, Sodium Nitrite. Contains: Soy Beef, Water, Less than 2% of the Following: Salt, Flavorings, Potassium Lactate, Paprika, Hydrolyzed Corn Protein, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite. May contain: Soy																				
Hot Dog (Supplier K)	Beef, Water, Less	than 2% c	of the Follow	ving: Salt, F	-lavorings,	Potassiun	n Lactate,	Paprika, Hy	drolyzed C	orn Protein	Sodium D	iacetate, Soc	ium Erytho	bate, Sodiı	ım Nitrite	e. May co	ntain: Soy				
BUN																					4
Bun	Water, Salt, Sugar	r, Vegetabl	e Shortenin	g (Contains	Soy), Milk	Eggs, Bl	eached Br	ead Flour, `	'east, Sesar	ne Seeds. I	ontains:	Eggs, Milk	, Sesame,	Soy, Whe	at						
FRIES																					
Five Guys Style	Potatoes, Refined			Caaaanin	a. Carlia C	nione (Inc	Judina Da	nuilsa Osaa	ana Dad Da	anas) Cali	Onion										4
Cajun Style (Supplier M) Cajun Style (Supplier S)	Potatoes, Refined Potatoes, Refined					` `						la Oil Silico	n Dioxide (n nrevent c	aking)						-
TOPPINGS	T otatooo, Hollifor	Tourist Of	n, oun. ouju	in coaconin	g. darno, o	prood (inc	naung ou	iory, riou i	эррогу, отп	ni, ouit, i u	prina, oari	14 011, 011100	i Bioxido (o provont o	anng).						
A.1.® Sauce	Tomato Puree (Wa	ater, Tomat	to Paste), Vi	inegar, Corr	n Syrup, Sal	t, Raisin I	Paste, Cru	shed Orang	e Puree, Sp	ice, Dried	Garlic, Cara	mel Color, [ried Onions	, Potassiur	n Sorbati	e (To Prese	erve Freshne	ess), Xanth	an Gum, Ce	elery Seed.	1
BBQ Sauce	Tomato Paste, Hig Quality), Garlic Po			ıp, Corn Sy	rup, Water,	Distilled \	/inegar, M	olasses, Sa	ılt, Mustard	Bran, Natu	ral Flavor (ncluding Hi	kory Smok	e), Spices,	Onion Po	owder, Cel	ery Seed, So	odium Ben	zoate (To Pr	otect	
Cheese (Supplier K)	Cheddar Cheese (with Sunflower Le								um Phosph	ate, Contai	ns Less 29	of: Salt, So	dium Phosp	hate, Sorbi	c Acid as	s a Preserv	ative, Annat	o and Oled	resin Papri	ka (Color)	
Cheese (Supplier S)	Milk, Water, Cream, Sodium Citrate, Salt, Calcium Phosphate*, Contains 2% or Less of: Cheese Culture, Citric Acid, Color Added, Enzymes, Sorbic Acid (Preservative), Soy Lecithin, Vitamin D3*. *Ingredient Not In Regular Pasteurized Process American Cheese. Contains: Milk, Soy																				
Green Peppers	Fresh Green Peppers Mushrooms Water Cane Sugar Salt Risulfate of Soda. Ascorbic Acid. Sodium Benzoate. Potassium Sorbate.															_					
Grilled Mushrooms	Mushrooms, Water, Cane Sugar, Salt, Bisulfate of Soda, Ascorbic Acid, Sodium Benzoate, Potassium Sorbate. And Cavenne Red Penners, Distilled Vinenar, Water, Salt, Garlic, Powder,															4					
Hot Sauce Jalapeño Peppers	Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic Powder. Fresh Jalapeño Peppers															-					
Ketchup	Tomato Concentrate from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring.															1					
Lettuce	Fresh Iceberg Lettuce															1					
Mayonnaise (Supplier K)	Soybean Oil, Egg Yolks, Water, High Fructose Corn Syrup, Distilled White Vinegar, Contains Less 2% of: Salt, Apple Cider Vinegar, Mustard Flour, Calcium Disodium EDTA (To Protect Flavor), Natural Flavor (Contains Mustard). Contains: Eggs																				
Mayonnaise (Supplier S)	Soybean Oil, Egg Yolks, Distilled and Cider Vinegar, Water, High Fructose Corn Syrup, Salt, Mustard Solids, Calcium Disodium EDTA (To Preserve Freshness), Extractives of Black Pepper. Contains: Eggs]					
Mustard	Distilled Vinegar, Water, #1 Grade Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavor & Garlic Powder.															4					
Onions / Grilled Onions Pickles (Supplier M)	Fresh Onions Cucumbers, Water, Vinegar, Salt, Calcium Chloride (Firming Agent), Sodium Benzoate (Preservative), Natural Flavors, Polysorbate 80, Yellow 5.															-					
Pickles (Supplier B)	Cucumbers, Water, Vinegar, Salt, Contain Less Than 2% of: Calcium Chloride (Firming Agent), Sodium Benzoate, Natural Flavors, Polysorbate 80 (Emulsifier), Yellow 5.															_					
Relish	Cucumbers, Corn Syrup, Water, High Fructose Corn Syrup, Vinegar, Salt, Xanthan Gum, 0.1% Sodium Benzoate (Preservative), Calcium Chloride (Firming Agent), Alum, Natural Flavors, Polysorbate 80, Yellow 5, Maltol.																				
Tomatoes	Fresh Tomatoes]					
MILKSHAKES																					
Vanilla Shake Base	Milkfat And Nonfa Contains: Milk	at Milk, Su	gar, Whey, C	Contains Le	ss Than 1%	Of: Mor	no and Dig	llycerides,	Cellulose G	um, Tetraso	dium Pyro	ohosphate, C	arrageenan	Natural An	ıd Artifici	ial Flavors					
Whipped Cream (Supplier S)	Cream, Milk, Suga Contains: Milk								, ,						`			Propellant	Nitrous Ox	ide.	
Whipped Cream (Supplier A)	Cream, Skim Milk Contains: Milk	k, Corn Syr	rup, High Fr	ructose Cori	n Syrup, M	ono and E	iglyceride	s, Carrage	enan, Dextro	ose, Natura	and Artific	ial Vanilla Fl	avor, Nitrou	S Oxide as '	Whipping	g Propellai	nt.				
MIX-INS	Cured With Water	r Colk Cus	nas Cadium	Dhaanhata	o Codium I	نو واد و واد به	a Cadius	Nitrite No	humallu Cona	lead											4
Bacon (Supplier S) Bacon (Supplier D)	Cured With: Water Cured With: Water				-						h4										-
Banana	Bananas, Simple S								-												+
Holiday Shake	Pure Cane Sugar,	Corn Syru	ıp, Pure Pep	permint Oil	, Red #40.			-													1
Chocolate	Corn Syrup, Suga Preservative, Mon										Artificial F	lavors, Choo	olate (Proc	ssed With	Alkali), C	Corn Starch	h - Modified	, Potassiui	n Sorbate A	is A	
Oreo® Crème	Sugar, Soybean O						. ,							-]
Oreo® Cookie Pieces	Unbleached Enrich (Baking Soda And	I/Or Calciu	im Phospha	ite), Soy Le	cithin, Salt,	Chocolate	e, Natural	Flavor. Co i	tains: So	, Wheat					nola Oil,	Cocoa (Pr	rocessed Wi	th Alkali),	nvert Suga	r, Leavening	
Peanut Butter	Peanuts, Peanut 0														=						4
Reese's® Peanut Butter Cup	Milk Chocolate (S Contains: Milk,							y Lecitnin,	гыгк), Реа 	nuis, Suga	, Dextrose,	oait, IBHQ	anu Ultric A	uiu, io Mai	ınıaın Fre	SIINESS.					
Salted Caramel	Corn Syrup, Suga	ır, Water, O	rganic Glyc	erin, Nonfa	t Milk, Heav	y Cream	(Milk), Se	a Salt, Salt,	Pectin, Dis	odium Pho	sphate, Na	ural Flavor.	ontains:	Milk. May	contai	n: Soy]
Strawberry	Strawberries, Sim	ple Syrup	(Cane Suga	ır, Water, Gl	ycerin, Sod	um Benzo	oate as a F	reservative	, Citric Acid	I), Sugar, S	alt, Pepper,	Lemon Juic).								
OTHER ITEMS																					
Coffee Decaffeinated	Coffee																				4
Coffee Regular	Coffee																				4
Eggs	Eggs Tomato Concentrat	te (Water	Tomato Past	te), Sovhea	n Oil. Hinh	Fructose (Corn Svru	p. Faa Yolk	s. Whole Fr	ias. Corn ^c	vrun. Vine	ar. Distilled	Vinegar Fo	od Starch-N	Modified	Salt. Onic	on Powder I	emon .luir	e. Concent	rate, Snines	24
Fry Sauce Bulk	Sodium Benzoate a	and Potass	sium Sorbat	e (As Prese	rvatives), C	alcium D	isodium E	DTA (Adde	l To Protect	Flavor), Na	itural Flavo	rs. Contain	s: Eggs. N	ay contai	n: Milk						IS 01-20,
Fry Sauce PC	Carrageenan, Vitar Protect Flavor, Nati	min A Paln	nitate, Vitam	nin D3, Con	tains Less	Than 2%	Of Onion I	Powder, Lei	non Juice (oncentrate	Spices, S	ndium Benzo	ate and Pot	ssium Sor	bate (As	Preservati	ves), Calciur	m Disodiu	m EDTA Adı	ded to	NUTRITION/ALLERGEN CHART US 01-2024
Lemons	Fresh Lemons Eggs in the Eggs																				
Liquid Butter	Soybean oil, Hydro		soybean oil.	Contains 2	% or less o	f Salt, Su	nflower le	cithin, Artif	cial butter f	lavor, Beta	carotene (c	olor), Yeast e	xtract.								ALLEF
Orange Juice	100% Orange Juic		naruta																		TION.
Peanuts Sea Salt	Peanuts, Salt Con Sea Salt	itains: P	raiiuiS																		NUTRI
ood oan	Jour Jail																				